
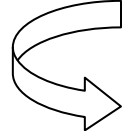
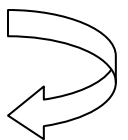
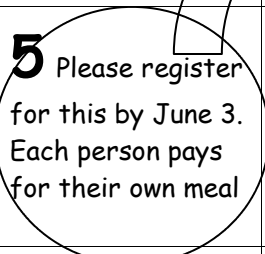





Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 Exercise class At ILC 3-4:30	7
8	9  Bowling \$9, 2-4 at Fleetway	10	11 Positive Change— Worry and Stress Strategies. Pt 1 ILC 2-4pm	12	13 Exercise class At ILC 3-4:30	14 
15 	16 Pot Luck Lunch ILC 1-4pm	17	18	19	20 Exercise class At ILC 3-4:30	21
22	23 <b>CLOSED</b> Victoria Day	24	25 Scrabble 2:30-4:30 at Cherryhill Library	26	27 Exercise class At ILC 3-4:30	28 
29	30 Movie Monday ILC 2-4:30pm	31 	Scrabble is gener- ously sponsored by the Sifton Family Foundation	<b>All are welcome to attend!</b>	If you need any accommodations, let us know well in advance.	Turn over for June 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Turn over For May</p> 		All are welcome to attend!	1	2	3 Exercise class At ILC 3-4:30	4
<p>5 Please register for this by June 3. Each person pays for their own meal</p> 	<p>6 Out to Lunch Johnnys 1910 Highbury 12:30-3pm</p>	7	8	9	<p>10 Exercise class At ILC 3-4:30</p> 	11
12	<p>13 Worry and Stress Strategies. Pt 2 ILC 2-4pm</p>	14	15	16	<p>17 Exercise class At ILC 3-4:30</p>	18
19	20	21	<p>22 Scrabble 2:30-4:30 at Cherryhill Library</p>	23	<p>24 Exercise class At ILC 3-4:30</p>	<p>25  8th Annual Wheel and Walkathon!</p>
<p>26</p> 	<p>27 Movie Monday ILC 2-4:30pm</p>	28	29	30	<p>Scrabble is gener- ously sponsored by the Sifton Family Foundation</p>	<p>If you need any accommodations, let us know well in advance.</p>