
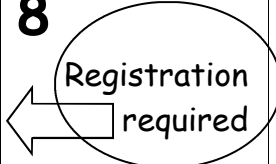



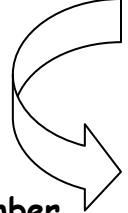


Sun	Mon	Tue	Wed	Thu	Fri	Sat
If you need any accommodations, let us know well in advance.	All are welcome!	1	2	3	4 Exercise class At ILC 3-4:30 	5
6 	7 Adapted Cooking 1-3pm Covent Garden Market	8 Registration required 	9	10	11  CLOSED	12
13	14	15	16	17	18 Exercise class At ILC 3-4:30	19
20 Registration required 	21 Adapted Cooking 1-3pm Covent Garden Market	22	23	24	25 Exercise class At ILC 3-4:30 	26
27	28 Movie at ILC 2-4:30pm 	29	30 Scrabble 2:30-4:30 Cherryhill Library	Scrabble is generously sponsored by the Sifton Family Foundation		Turn over for September 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Turn over for December</p>	<p>If you need any accommodations, let us know well in advance.</p>	<p>All are welcome!</p>		<p>1</p>	<p>2 Exercise class At ILC 3-4:30</p> 	<p>3</p>
<p>4</p>  <p>Registration required</p>	<p>5 Adapted Cooking 1-3pm Covent Garden Market</p>	<p>6</p>	<p>7</p>	<p>8</p>  <p>Holiday Dinner 5-8 pm See page 3</p>	<p>9 Exercise class At ILC 3-4:30</p>	<p>10</p>
<p>11</p>	<p>12 Holiday Lunch at ILC See page 3</p> 	<p>13</p>	<p>14 Scrabble 2:30-4:30 Cherryhill Library</p>	<p>15</p>	<p>16 Exercise class At ILC 3-4:30</p> 	<p>17</p>
<p>18</p>  <p>Registration Required</p>	<p>19 Adapted Cooking 1-3pm Covent Garden Market</p>	<p>20 Movie at ILC 2-4:30pm</p> 	<p>21</p>	<p>22</p>	<p>23 No exercise class</p>	<p>24</p>
<p>25 Happy Holidays!</p>	<p>26 C</p>	<p>27 L</p>	<p>28 O</p>	<p>29 S</p>	<p>30 E</p>	<p>31 D</p>