


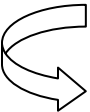






September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
If you need any accommodations, please let us know in advance.	Please register for activities you will attend.		1	2	3 Exercise class At ILC 3-4:30pm	4
5	6 Closed Labour Day	7	8	9	10 Exercise class At ILC 3-4:30pm	11
12 	13 Bowling 2-4pm, \$9 each Fleetway 720 Proudfoot	14 Personal Power 2-4pm at ILC	15 Craft 2-4 pm at ILC \$5 per person	16 Western Fair Trip 3-6pm Meet at Casino Entrance	17 Exercise class At ILC 3-4:30pm	18 
19	20	21 Personal Power 2-4pm at ILC	22 AGM Cherryhill Library Cherryhill Mall 301 Oxford St W 2-4pm	23	24 Exercise class At ILC 3-4:30pm	25
26	27  Movie 2-4:30pm at ILC	28	29 Scrabble Cherryhill Library Cherryhill Mall 301 Oxford St W 2:30-4:30pm	30		Turn over for October 

October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Turn over for September					1 Exercise At ILC 3-4:30pm	2
3 	4 Bowling 2-4pm, \$9 each Fleetway	5 Personal Power 2-4 ILC	6	7	8 Exercise class At ILC 3-4:30pm	9
10	11 Closed Thanksgiving	12	13	14	15 Exercise class At ILC 3-4:30pm	16 
17	18 Potluck Lunch 1-3 ILC	19	20	21	22 Exercise At ILC 3-4:30pm	23
24	25 Movie 2-4:30pm at ILC Wear a costume!	26 	27 Scrabble Cherryhill Library 301 Oxford St W 2:30-4:30pm	28	29 Exercise class At ILC 3-4:30pm	30
31					If you need any accommodations, please let us know in advance.	Please register for activities you will attend.